



0700 - 1700	Conference Registration	Markham Foyer (1 <sup>st</sup> Floor)
0800 - 1700	Conference Sessions	Markham Ballroom (1 <sup>st</sup> Floor)
0700 - 0800	Breakfast	Markham Foyer (1 <sup>st</sup> Floor)
0900 - 1800	Exhibits	Conference Centre (Convention Floor)
0800 - 0815	<p><i>Welcome and Introduction</i></p> <p><b>Renier van Aardt, MD, (MB, ChB), CCFP</b> <i>President, CAAM</i></p>	Markham Ballroom
0815 - 0900	<p><i>Opening Keynote Presentation</i></p> <p><b>Sandy Skotnicki, MD, FRCPC</b> <b>The Skin Microbiome, Skin Barrier and the Effects of Modern day Grooming</b> <b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ol style="list-style-type: none"> <li>1. Understand Biodiversity Hypothesis.</li> <li>2. Soaps are cleansers but not all cleansers are soap.</li> <li>3. Product Elimination for suspect cases of Contact Dermatitis.</li> </ol>	Markham Ballroom
0900 - 0945	<p><i>Panel Presentation</i></p> <p><b>Mandy Wong, MD</b> <b>Non-surgical, energy-based devices for the treatment of gynecological syndrome of menopause</b> <b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ol style="list-style-type: none"> <li>1. Understand the pathoetiology of vaginal symptoms and urinary incontinence due to menopause.</li> <li>2. Understand the non-surgical options for management including vaginal lasers and radiofrequency devices, and novel high-intensity focused electromagnetic technology.</li> </ol> <p><b>Ayman El-Attar, FASLMS, FAAFP, AAACS</b> <b>Surgical Procedures in Aesthetic Gynecology</b> <b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ol style="list-style-type: none"> <li>1. Understand proper indication and patient selection.</li> <li>2. Understand techniques of clitoris hood Reduction.</li> <li>3. Understand techniques of labia minora plasty.</li> <li>4. Understand surgical procedures for vaginal tightening.</li> <li>5. Understand surgical procedures for labia majora reduction and augmentation.</li> </ol>	Markham Ballroom
0945 - 1030	Refreshment Break amongst Exhibits	Conference Centre

# Program

Friday, October 26, 2018



CAAM 15th Annual Conference

October 26-27, 2018

Hilton Toronto/Markham Suites  
Conference Centre

1030 - 1115	<p><i>Plenary Presentation</i></p> <p><b>Jack Kolenda, MD, FRCS (C)</b> <b>Scar Management: Surgical vs Dermatological Approach</b></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ol style="list-style-type: none"> <li>1. Review current treatment scar modalities.</li> <li>2. Become aware of new emerging treatment options.</li> <li>3. Establish a treatment algorithm for scar management.</li> </ol>	Markham Ballroom
1115 - 1145	CAAM Annual General Meeting - <i>for Members only</i>	Markham Ballroom
1145 - 1315	Lunch amongst Exhibits	Conference Centre
1315 - 1415	<p><i>Plenary Presentation</i></p> <p><b>Rose M. Carter, Q.C., Partner, Bennett Jones LLP</b> <b>Medicolegal Aspects of Aesthetic Medicine</b></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ol style="list-style-type: none"> <li>1. Appreciate the basics of medical negligence.</li> <li>2. Appreciate the significance of college standards.</li> <li>3. Understand the types of issues brought by patients in legal proceedings against those engaged in aesthetic medicine.</li> </ol>	Markham Ballroom
1415 - 1500	<p><i>Plenary Presentation</i></p> <p><b>Sonya Cook, MD, FRCPC</b> <b>Prevention and Management of Vasovagal Syncope and other office emergencies in aesthetic medicine</b></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ol style="list-style-type: none"> <li>1. Recognize the features and be able to differentiate between anaphylaxis, vasovagal syncope, and lidocaine toxicity.</li> <li>2. Effectively manage vasovagal syncope, anaphylaxis, and lidocaine toxicity.</li> <li>3. Take steps to reduce the risk of vasovagal syncope, anaphylaxis, and lidocaine toxicity.</li> </ol>	Markham Ballroom
1500 - 1545	Refreshment Break amongst Exhibits	Conference Centre
1545 - 1615	<p><i>Plenary Presentation</i></p> <p><b>Blanca Miller Kobisher, MD</b> <b>The Evolution of PRP in Aesthetic Medicine - 3 Generations</b></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ol style="list-style-type: none"> <li>1. Understand that PRP is an autologous procedure with the growth factors of each individual.</li> <li>2. Understand PRF in Aesthetic Medicine.</li> <li>3. Understand the differences of the use of PRP, Plasmagel and PRF in Aesthetic Medicine.</li> </ol>	Markham Ballroom
1615 - 1645	<p><i>Plenary Presentation</i></p> <p><b>Sean Rice, BA(Hons), MD, MSc, FRCSC</b> <b>Off Label Usage of Sculptra</b></p> <p><b>Learning Objective</b></p> <ol style="list-style-type: none"> <li>1. Buttock Enhancement.</li> </ol>	Markham Ballroom
1700 - 1800	Welcome Reception amongst Exhibits	Conference Centre
1830	CAAM's 5th Annual Evening Event: Havana Nights	Off-site - Le Parc



0800 - 1630	Conference Registration	Markham Foyer (1 <sup>st</sup> Floor)
0900 - 1630	Conference Sessions	Markham Ballroom (1 <sup>st</sup> Floor)
0800 - 0900	Breakfast amongst Exhibits	Conference Centre (Convention Floor)
0800 - 1500	Exhibits	Conference Centre (Convention Floor)
0900 - 1000	<p><i>Opening Keynote Presentation</i></p> <p><b>Mitchel P. Goldman, MD, Dermatologist</b>  <b>Advances in Cosmetic Dermatology: Skin Rejuvenation, Skin Tightening &amp; Body Shaping</b></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ol style="list-style-type: none"> <li>1. Understand the various methods one can use to rejuvenate, tighten and shape the skin.</li> <li>2. Explore the advantages and disadvantages of different procedures.</li> <li>3. Learn how to minimize complications and maximize results.</li> </ol>	Markham Ballroom
1000 - 1045	<p><i>Panel Presentation - Off Label Cases from CAAM Fellows &amp; Diplomates</i></p> <p><b>Moderator: Yves Hébert, MD</b></p> <p><b>Speakers:</b>  <b>Julia Carroll, MD, FRCPC</b>  <b>Yves Hébert, MD</b>  <b>Donna Jubin, MD</b>  <b>Jaggi Rao, MD, FRCPC</b>  <b>Mandy Wong, MD</b></p> <p>Off-label use of techniques/technologies is often the key to progress and innovation in aesthetic medicine.</p> <p>During this panel, selected speakers will be invited to share their experience on off-label use of techniques /technologies.</p> <p>At the conclusion of this activity, participants will have learned new and innovative approaches that may impact their practice by improving their skills.</p>	Markham Ballroom
1045 - 1130	Refreshment Break amongst Exhibits	Conference Centre
1130 - 1200	<p><i>Plenary Presentation</i></p> <p><b>Mitchel P. Goldman, MD, Dermatologist</b>  <b>The Rise and Rise of the Intense Pulsed Light</b></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ol style="list-style-type: none"> <li>1. Understand the history behind the development of this ground-breaking technology.</li> <li>2. Explore the advantages and disadvantages of using the IPL on different conditions.</li> <li>3. Learn how to minimize complications and maximize results.</li> </ol>	Markham Ballroom

# Program

Saturday, October 27, 2018



CAAM 15th Annual Conference

October 26-27, 2018

Hilton Toronto/Markham Suites  
Conference Centre

1200 - 1245	<p><i>Plenary Presentation</i></p> <p><b>Rob Miller, MD, FRCPC</b></p> <p><b>A Potpourri of Aesthetic Knowledge</b></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ol style="list-style-type: none"><li>1. To share useful injection tips that work best for me when using Botulinum Toxins and Tissue Fillers.</li><li>2. To be able to recognize and easily treat common facial skin lesions.</li></ol> <p><b>Erbium Laser For Facial Deep Resurfacing</b></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ol style="list-style-type: none"><li>1. Appreciate the role of Deep Resurfacing of the face for the treatment of a variety of cosmetic and medical indications.</li><li>2. Appreciate the importance of proper set-up, proper patient selection and proper pre and post treatment protocols in order to achieve the best clinical results.</li></ol>	Markham Ballroom
1245 - 1415	Lunch amongst Exhibits	Conference Centre
1415 - 1500	<p><i>Plenary Presentation</i></p> <p><b>Kate Goldie, MBChB</b></p> <p><b>Regenerative Aesthetics</b></p> <p><b>Learning Objectives</b> - At the conclusion of this activity, participants will be able to:</p> <ol style="list-style-type: none"><li>1. Understand goals and aims of regenerative aesthetics.</li><li>2. Know the three pillars of regenerative medicine.</li><li>3. Consider potential areas of growth and research.</li></ol>	Markham Ballroom
1500 - 1630	<p><b>Jamil Asaria, MD, BSc, FRCSC &amp; Jennifer Salsberg, MD, FRCPC</b></p> <p><b>Live Injections</b></p>	Markham Ballroom