

Taking it to the Next Level

November 6-7, 2021

This 1-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada for up to 6 Mainpro+® credits.



This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada, and approved by the CPD Medicine Program, University of Manitoba for a maximum of 6.0 hours.

Participants should only claim credit for the actual number of hours attended.

The University of Manitoba CPD Medicine Program is fully accredited by the *Committee on Accreditation of Continuing Medical Education (CACME)*.

CANADIAN ASSOCIATION
OF AESTHETIC MEDICINE



L'ASSOCIATION CANADIENNE
DE MÉDECINE ESTHÉTIQUE

The Face of Aesthetic Medicine
in Canada

CAAM | t: (604) 239-2226 (CAAM) |
info@caam.ca | www.caam.ca

Program Details: Sunday | November 7

All times are
Eastern Time (ET)



Program subject to change

10:00-10:05

Welcome & Opening Remarks
Rohan Bissoondath, MD

10:05-10:45

Liquid Gold - PRP for Hair Rejuvenation

Speaker: Zaki Taher, MD, BSc., FRCPC

Moderator: Jennifer Upitis, HBSc, MD, CCFP

Learning objectives: At the conclusion of this activity, participants will be able to:

1. Comprehend the mechanism of action of Platelet Rich Plasma (PRP), and review the science behind PRP
2. Identify those hair loss patients that may benefit from PRP for hair restoration
3. Differentiate between the various PRP devices currently available and the pros and cons of various spin methods
4. Acquire the knowledge on how to properly and effectively present PRP to their patients including explaining likely results, complications and setting expectations, as well how to incorporate PRP with other treatment modalities

10:45-11:05

Group Discussion and Q&A

11:05-11:20

Break to refresh & opportunity to play trivia

11:20-12:00

Evolution in Techniques and a Diverse Approach to Lip Augmentation

Speaker: Kay Durairaj, MD, FACS

Moderator: Julia Carroll, MD, FRCPC

Learning objectives: At the conclusion of this activity, participants will be able to:

1. Identify important anatomical structures to minimize complications
2. Recognize different types of lips and align with patients desired goals in order to achieve best outcomes
3. Apply a variety of techniques for lip enhancement and rejuvenation
4. Recognize possible adverse events and their treatment

12:00-12:20

Group Discussion and Q&A

12:20-12:45

Break to refresh & opportunity to play trivia

12:45-13:25

Need a Lift - Update on Thread Lifts

Speaker: Sabrina Fabi, MD

Moderator: Jaggi Rao, MD, FRCPC

Learning objectives: At the conclusion of this activity, participants will be able to:

1. Distinguish between PDO & PLLA threads and understand their market positioning in an aesthetic practice
2. Identify best candidates for thread lifts
3. Explain best techniques for thread lifts
4. Recognize possible adverse events and their treatment

13:25-13:45

Group Discussion and Q&A

13:45-13:50

Closing Comments: Julia Carroll, MD, FRCPC & Jennifer Upitis, HBSc, MD, CCFP